

LOW RISK ISN'T NO RISK

Even if you are less than 60 years old and do not have an underlying health condition, you can still become sick with COVID-19.



Clean your hands often



Cough or sneeze in your bent elbow – not your hands!



Avoid touching your eyes, nose and mouth



Limit social gatherings and time spent in crowded places



Avoid close contact with someone who is sick



Clean and disinfect frequently touched objects and surfaces

