

JANUARY 23'



Mungabareena Community Newsletter



**Join us on Facebook to keep regularly
updated with what happening at MAC!**



Mungabareena Aboriginal Corporation wishes to acknowledge the traditional custodians of the land, and pays respect to all elders, past, present and emerging.

We welcome all Aboriginal and/or Torres Strait Islander people to our service.



WWW.MUNGABAREENA.ORG.AU



Groups



2023

WEEK 1

MON	TUE	WED	THU	FRI	SAT
<p>WANGARATTA WOMEN'S GROUP 11AM - 2PM - SAKINA</p> <p>WODONGA PAINTING GROUP 1030AM - 330PM - TEALA</p>		<p>WODONGA WOMEN'S GROUP 11AM - 2PM - TEALA</p> <p>WANGARATTA PLAYGROUP, (DURING SCHOOL TERM) 1130AM - 130PM - NIKITA</p>	<p>WODONGA MEN'S YARNING CIRCLE 11AM - 2PM - KIEREN</p>	<p>WODONGA PLAYGROUP, (DURING SCHOOL TERM) 10AM - 12PM - CAZ</p> <p>WODONGA PLANNED ACTIVITY GROUP 11AM - 2PM - DUANE</p>	<p>WODONGA BASKETBALL PROGRAM 11AM - CARL</p>

WEEK 2

<p>WANGARATTA WOMEN'S GROUP 11AM - 2PM - SAKINA</p> <p>WODONGA PAINTING GROUP 1030AM - 330PM - TEALA</p>		<p>WODONGA WOMEN'S GROUP 11AM - 2PM - TEALA</p> <p>WANGARATTA PLAYGROUP, (DURING SCHOOL TERM) 1130AM - 130PM - NIKITA</p>	<p>WODONGA MEN'S YARNING CIRCLE 11AM - 2PM - KIEREN</p>	<p>WODONGA PLAYGROUP, (DURING SCHOOL TERM) 10AM - 12PM - CAZ</p> <p>WODONGA PLANNED ACTIVITY GROUP 11AM - 2PM - DUANE</p>	<p>WODONGA BASKETBALL PROGRAM 11AM - CARL</p>
--	--	---	---	---	---

**IF YOU WOULD LIKE TO JOIN ANY OF OUR GROUPS AND FOR MORE INFORMATION
PLEASE PHONE (02) 6024 7599 TO SPEAK TO THE COORDINATOR**

VACANT POSITIONS

Join our deadly team

1 x Family Services Senior Practitioner – Full time

1 x Family Services Practitioner – Full time

(Wodonga)

Child and Family Services consists of a range of programs that provides support to families who have dependent children 0-18 years.

The aim of Child and Family Services is to provide in-home and community interventions with ranging intensities depending on the family needs, in a child-centered, family focused way.

Family Services aims to support parents to ensure the best and social, emotional, educational outcomes for their children. In addition, these programs focus on early intervention and placement prevention strategies to prevent families meeting Child Protection, including reunification support.

1 x Family Services Support Worker – Part time

(Wodonga)

The Family Services Support Worker is a 3 day a week position within the Family Services program. The position will be involved in the day-to-day administration aspects for the Family Services Senior Practitioner and Practitioner, as well as providing a wide range of support functions. The position has key functions in supporting service access, as well as providing a point of contact for key stakeholders from a diverse range of community service organisations, government, private and public sectors.



For more information on any of these vacant positions visit our website or give us a call:

(02) 6024 7599

To keep up to date on the positions we have available, follow our socials



Early Childhood Educator – Part time

(Koori First Steps Wodonga)

This position works in a collaborative approach with the Preschool Director and Teacher, as directed, in the day-to-day operation of the Koori First Steps Preschool to deliver a quality early childhood program and providing culturally specific preschool programs which meets the needs of Aboriginal and Torres Strait Islander children and young people and their community.

Preschool Teacher– Part time

(Koori First Steps Wodonga)

You will be responsible for assisting the Preschool Director in developing a program for the children's journey through the preschool. We have a team of passionate Educators who are creative thinkers and can demonstrate their initiative in working in a caring, culturally safe, and cooperative work environment.

Human Resources Trainee– Full time

(Wodonga)

This position is for a hardworking, highly motivated individual, who enjoys keeping busy and is able to work under pressure from time to time.

You will gain a vast range of human resource skills whilst completing a Certificate IV (4) in Human Resources.



For more information on any of these vacant positions visit our website or give us a call:
[\(02\) 6024 7599](tel:(02)60247599)

To keep up to date on the positions we have available, follow our socials



CMS Implementation Project Officer – Full time (**Wodonga**)

As the CMS Implementation Project Officer, you will be responsible for the building and implementation of our new Client and Case Management System. This system will provide MAC with customised solutions tailored to our needs, enable faster project delivery, and overall provide ease of use and consistency across the org.

Youth Justice Worker – Full time (**Wangaratta**)

This program aims to prevent offending or re-offending behaviour by ensuring that young Aboriginal and Torres Strait Islander people are connected to their families and communities and provided with access to the supports and services they require. To divert young Aboriginal and Torres Strait Islander people from entering or re-entering the youth justice or the criminal justice system by providing culturally appropriate support to those on youth justice supervised orders or at risk of entering the youth justice system or criminal justice system.

This role will identify at risk youth and working with local agencies improve the health and wellbeing of young Aboriginal and Torres Strait Islander people 12-24 years.



For more information on any of these vacant positions visit our website or give us a call:
(02) 6024 7599

To keep up to date on the positions we have available, follow our socials



WELCOME TO THE TEAM!

MEET RENEE



Hi, my name is Renee and I have joined Mungabareena Aboriginal Corporation as the Programs Manager. I am from the Albury/Wodonga area and have also worked and lived in Sydney.

I love helping the community and giving anyone a chance to better themselves with empowerment. I bring to MAC 16 years' experience in the field of many different positions and have 3 proud teenage Wiradjuri children.

In my spare time I love being with my family doing motor cross and watersports!

WELCOME TO THE TEAM!

**MEET
BEL**



Hi, my name is Annabel but my friends call me Bel, I have joined the Mungab team as the Koori First Steps Preschool Director. I was born and raised in Sydney, we have moved around a fair bit, but my family and I have LOVED living in Albury Wodonga for the past two years - NEVER MOVING AGAIN!!

I am excited to be working with local families to give their preschool children the best opportunity to start their schooling lives well in a supportive, encouraging, welcoming and nurturing environment.

In my spare time, I love exploring the local region on weekends with my hubby and our three kids. We have 2 puppies, 2 cats, 2 budgies, 20 chooks and a beehive - home life is busy! I enjoy meeting new people and having a yarn. I am a keen photographer, reader, gardener and scrap booker. I'll occasionally ride my motorbike on the back roads to take in the gorgeous views if the weather is right. Hubby and I are both volunteer firefighters and our family are active members of our local church.

WELCOME TO THE TEAM!

Hi, my name is Carly and i have joined the Mungabareena team as the Executive Assistant to our CEO John.

Why I love what I do? Having worked in the Public Service for the past 21 years, it was time for a change. I enjoy the fast-paced admin work and freeing up exec staff, so that they can concentrate on bigger priorities. I enjoy working somewhere that gives to the community, aligning with my values.

In my spare time I enjoy spending time with my family and close friends. I love AFL and am an avid Collingwood supporter. I enjoy reading a good book and walks with my dog, Murphy.

**MEET
CARLY**



WELCOME TO THE TEAM!

**MEET
DANIELLE**



Hi my name is Danielle and I have recently joined the Mungabareena Aboriginal Corporation team as the Social Emotional and Wellbeing Support Worker.

I am very much looking forward to working in this role as I am newly qualified in Community Services. I am very fortunate to have found a job with a supportive and amazing team, who are really helping me settle into my role.

In my spare time I am an avid gardener and whenever I get any chance I will be out in my garden.

WELCOME TO THE TEAM!

MEET KIEREN

Hi, my name is Kieren and I have joined the MAC team as the Male Alcohol and Other Drugs Support Worker. I am a Wiradjuri man born and raised on country in Tumut/Brungle, now living in Albury.

I am passionate about my culture and my community and helping out people access services to break cycles.

I am a proud father to a little girl who keeps me on my toes. In my spare time I will watch just about any sport and I love spending time with the family as often as I can.



WELCOME TO THE TEAM!



Hey, my name is Korinna and I have just joined MAC as the Strong Spirit, Strong Elders and Strong Communities Connector. I have been living in Wodonga for the past 20 years but am originally from Swan Hill.

I love what I do because I will be keeping Elders connected with their culture and help them physically, spiritually and mentally and hear their stories.

**MEET
KORINNA**

In my spare time I spend time with my 5 children and my parents hiking and completing outdoor activities such as motorbike riding, swimming and exploring local towns. I also love a good coffee and catch up with friends.

WELCOME TO THE TEAM!



**MEET
JANET**

Hi my name is Janet, and I have joined the Mungabareena team as the Nurse Practitioner. I am originally from Melbourne however we are now living in Yarrawonga, VIC.

Previously I have worked for KEMH - the Women's Hospital in Subiaco WA for 10 years, looking after women with high risk pregnancies who travelled far - separated from family and friends... in this time, I met the most amazing resilient women from the Kimberly's, who shared their stories with me and the Noongar people from the South. In WA I learnt and hold deep respect for Aboriginal Lores "Respect the Country and the Country will respect you" and "Respect your Elders, take care/be with family.

In my spare time I love being in nature, and what better way than kayaking to explore the waterways and enjoying all that nature brings. I particularly love gum trees, turtles and hearing the kookaburras sing as I paddle along the Murray. This month I have paddled with my friends and our daughters, 16km down the Murray from Albury (through Mungabareena Reserve) and travelled up to Wagga Wagga to paddle 16km downstream on the Murrumbidgee River.

JOKE

**OF THE
MONTH**

**HAVE YOU
HEARD THE
ONE ABOUT
THE BED?...**

A. It hasn't been made up yet!!!

“HA
HA”
HA,,

**DID YOU
HEAR THE
ONE ABOUT
THE WALL?...**

A. I couldn't get over it!!!

Thanks Kim!



Mum's Creamy Curry Chicken



Ingredients

- 1 x Cooked Chook (pulled apart)
- 600ml light cream
- 2 x tablespoons apricot jam
- 2 x tablespoons fruit chutney
- 1 x packet of French Onion Soup
- 3 x tablespoons of curry powder (add as much or as little as you like)
- Spring Onions (3-4 sprigs cut into smallish pieces)
- 1 x can of condensed cream of chicken soup
- 1 x packet of fried noodles

Method

1. Put all ingredients together, except the fried noodles and half of the chopped spring onions, in a medium to large oven proof dish and put in the oven on 150°C or until it is hot (roughly an hour).
2. Add the fried noodles and remaining spring onions and stir through.
3. Serve with rice or mashed potato.

enjoy
Thanks Mel!



MAC 2022 RECAP



WANG OPENING



BEC'S EYALA TRIVIA



WODONGA KOORI COURT OPENING



NAIDOC



CARING AND AGING WELL FESTIVAL



NAIDOC



BOYS TO THE BUSH



RECONCILIATION



SORRY DAY



NAIDOC



EASTER EGG HUNT



ABORIGINAL CHILDRENS FORUM



BEAUTIFUL SHAWL PROJECT



CORRYONG HEALTH FESTIVAL



EASTER



TREE PLANTING